



Los Ranchos Village Vision

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Lavender Issue

LAVENDER THROUGH THE AGES

TYPES OF LAVENDER

LAVENDER EVENTS CALENDAR

**WHAT TO DO IN YOUR GARDEN
IN JULY**

HERITAGE GRAINS TRIALS

ELECTION INFORMATION

CARING FOR SHEEP

MORE...

Advice for what matters most, when you need it most

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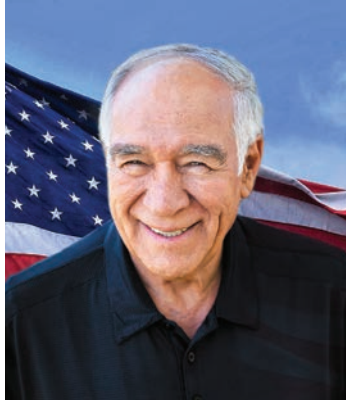
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MAP4960336 | AD-04-23-0672 | 472538PM-1022 | 04/2023

Mayor's Report

Greetings to our Residents and welcome to the season of Lavender. In this issue, you will learn about Lavender's botanical basics as well as its place in history. Please also see the many things going on in the Village as listed in our centerpiece Lavender Events Calendar.



Most importantly, I bring your attention to the Lavender Festival itself—held at Hartnett Park on July 22nd and 23rd. I hope to see all of you at this magnificent event.

There are a lot of things happening in the Village and the information below is a synopsis of these issues.

B&Bs As many residents know, short term rentals such as those listed on platforms including Airbnb and VRBO are only allowed in the Village with an approved Bed and Breakfast Permit. This is important because the process requires annual fire inspections for the rented spaces, a review of off-street parking spaces, and an opportunity before the Planning and Zoning Commission to work out potential issues with neighbors, among other health, safety, and logistical issues.

The number of total B&B permits in the Village of Los Ranchos is capped at 65 in order to reduce potential impacts to residential neighborhoods. While the Village is aware that some residents continue to operate short term rentals without a permit, we are working hard to bring those properties into compliance. If you are interested in applying for a B&B Permit, please contact Planning and Zoning Director Maida Rubin at mrubin@losranchosnm.gov.

PICKLE BALL Many of you have asked me about Pickle Ball. I am in agreement that the Village needs permanent facilities, which is why I am putting in two permanent Pickle Ball courts at the park on Green Valley Road. We striped this space several years ago, bought temporary equipment, and are seeing a lot of use. We have surveyed the neighbors and have their support. Look for this project to move forward this summer.

PUBLIC SAFETY Newly elected Bernalillo County Sheriff John Allen named Hollie Anderson, a 20-year veteran of the Albuquerque Police Department, as Major; and Captain Justin Kimbrough, as the North Valley Commander. I have met with

Major Anderson and Captain Kimbrough several times since January and our public safety advisor, Fred Radosevich, meets with them on a weekly basis.

One of the biggest complaints I receive is about speeding in the Village. BCSO deputies are addressing this full force. Between January and April, they conducted over 515 traffic stops and 519 welfare checks/patrols in the Village. I and the Governing Body are appreciative and have included additional funding for BCSO in the FY24 interim budget to assure a continued dedicated police presence in the Village.

UNSER RACING MUSEUM I would like to say an official thank you and goodbye to the Unser Museum, which is closing its doors on May 29 after a nearly 20-year relationship with the Village. We will miss seeing those black and white racing flags on Montano Blvd.

ANDERSON PROPERTY Finally, I am pleased to announce that over a year of negotiations with the Anderson family to acquire 23 acres north of the Agri-Nature Center, will come to fruition this summer. Residents can breathe easy that this beautiful viewshed, wildlife habitat and vineyard adjacent to the City of Albuquerque's Los Poblanos Open Space along Rio Grande Blvd., will be forever preserved.

If you have any issues you want to discuss with me in person, please do not hesitate to make an appointment during my office hours on Thursdays from 9am to Noon.

Mayor Donald T. Lopez, PE, CMO



Mayor Lopez with Village resident Day Hochman-Vigil and Father Hallada (with Coco) during the Blessing of the Waters ceremony on May 13th (see more on back panel)



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Village Vision General Information

The Los Ranchos Village Vision is an official publication of the Village of Los Ranchos de Albuquerque. Its primary mission is to promote the "Spirit of Los Ranchos," while informing Village residents of events and activities taking place in and around the Village. The Village Vision is published seven times per year, and distributed free of charge to Village residents and businesses. Non-residents and other interested parties may subscribe to the magazine by visiting the Village Vision web page, or by contacting the Village Vision. Price, including S/H, is \$20.00 per annum.

ADVERTISING

The Village Vision Media Kit contains all the information you need to place an ad in the Village Vision: dimensions, rates, deadlines, and more. It also includes the "advertising purchase request form," which needs to be submitted in order to purchase advertising space.

CONTRIBUTIONS

Articles of general interest about the Village of Los Ranchos de Albuquerque are always welcome. Please contact the Village Vision with your ideas or to submit your article for consideration.

VILLAGE VISION ONLINE

More information, the Village Vision Media Kit, and back issues, can be found at www.losranchosnm.gov/village-vision-magazine

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COVER PHOTO: "LAVENDER SPRIGS AT 2022 LAVENDER FESTIVAL" COURTESY OF LAVENDER IN THE VILLAGE.

PHOTO CREDITS

PAGE 3 AMERICAN FLAG BY DANNE WWW.PEXEL.COM, PHOTO OF MAYOR BY SABRINA APODACA | PAGE 6 PHOTO COURTESY OF LAVENDER IN THE VILLAGE | PAGE 10 BOTANICAL PRINT ORIGINAL BOOK SOURCE: PROF. DR. OTTO WILHELM THOMÉ FLORA VON DEUTSCHLAND, ÖSTERREICH UND DER SCHWEIZ 1885, GERA, GERMANY | PAGE 12 PHOTOS BY SUE BRAWLEY | PAGE 14 LINE PHOTOS BY SABRINA APODACA | PAGE 19 PHOTO COURTESY OF DAVE'S VALLEY GRILL | PAGE 20 PHOTOS BY GORDENE MACKENZIE | PAGE 20+21 BOTANICAL PRINT: COURTESY OF WELLCOME LIBRARY, LONDON, REMAINING IMAGES IN PUBLIC DOMAIN COURTESY OF WIKICOMMONS.COM | PAGE 22 PHOTOS BY GORDENE MACKENZIE | PAGE 25 PHOTOS COURTESY OF RIO GRANDE COMMUNITY FARM | PAGE 28 PHOTOS BY SABRINA APODACA | PAGE 30 PHOTOS COURTESY OF DAVE'S VALLEY GRILL | PAGE 32 PHOTO BY RHONDA SIGLER-WARE | PAGE 41 PHOTOS COURTESY OF LAVENDER IN THE VILLAGE | REMAINING PHOTOS WERE OBTAINED THROUGH DEPOSITPHOTOS.COM OR TAKEN BY VILLAGE STAFF.

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“Lavender - the Color and Scent of Relaxation,
Youthfulness, Creativity, Imagination, Optimism”

- Unknown

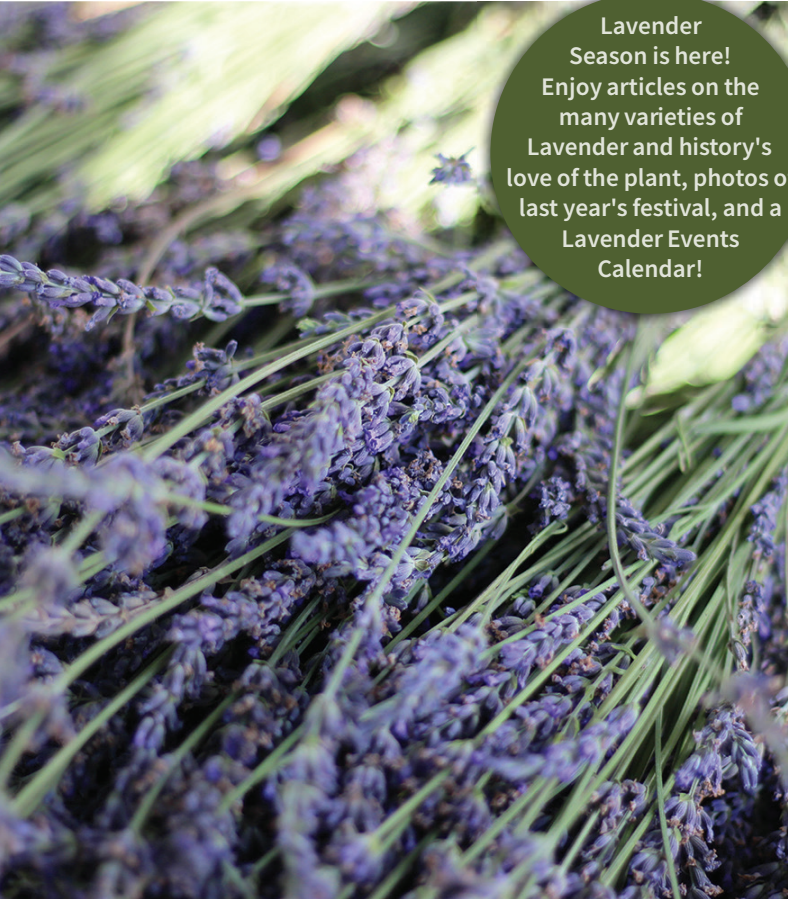
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LAVENDER ISSUE CONTENTS



Lavender Season is here! Enjoy articles on the many varieties of Lavender and history's love of the plant, photos of last year's festival, and a Lavender Events Calendar!



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Check out the Lavender Events Calendar for all things lavender happening during July, including, of course, the Lavender Festival in the Village's Hartnett Park! Page 26 and 27.

A Proud Sponsor of "Lavender In The Village"

Key to Longevity? Los Ranchos Lavender Tea

After 25 years as a REALTOR and more than 1,300 properties sold, I still love what I do and don't plan on retiring any time soon! The energy comes naturally, but when it's time to relax, I have found lavender tea brings tranquility. The balance between energy and calm is the key to my providing a high level of personal service now and for many years to come.

If you would like to know how I can serve your residential or commercial real estate needs here in New Mexico or in Colorado ... just contact me by phone, text, or email. I hope to hear from you soon!



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4th Street, Agri-Nature Center, Edgewood Park, and More

4TH STREET PHASE 2—KICK OFF TO 100% DESIGN The Village on May 17, 2023, held the first of five planned public meetings to discuss the design of 4th Street from Pueblo Solano to the Village Boundary. The public had many excellent comments from visibility to efficient and safe intersections to bike lanes vs. sidewalks. If you missed this first meeting but want to participate in the future, visit our website at www.losranchosnm.gov/fourth-street-project.



ROADWAY INTO THE AGRI-NATURE CENTER The roadway project is mostly complete. The road has been aligned from Rio Grande Blvd. through the orchard and west fields, around the raised garden beds and vineyard ending in a teardrop around the grove of trees west of the classroom. The project includes a concrete drive pad, new stucco planter, new electronic gate, curbs and crusher fines. It allows a safer and more secure entrance, the development of the pollinator garden and a place for our beautiful sculpture.

OUTDOOR KITCHEN CLASSROOM The Village has a new education venue for our outdoor Agricultural education. This outdoor kitchen classroom includes equipment for farm to table cooking demonstrations, a new concrete plaza, as well as shade and seating just outside the current classroom building. Ultimately, the plaza will include raised garden beds of differing heights to accommodate people with disabilities and the edible trail winding through it. Come check out this new classroom by attending a workshop or lecture. See all our Ag events at www.losranchosnm.gov/agri-workshops.

EDGEWOOD PARK: The landscape architect has revised the plan to keep more of the park open and to cluster the playground equipment and shade structure closer together. The design also includes a parking lot, pathway, and some shade trees. We will be vetting this design one final time with the community before going to construction drawings. Stay tuned for development later this year.

DEL NORTE OPEN SPACE: The Village cleaned up the Del Norte Open Space and the contract farmer will be planting the west field in tall fescue grass. We will be installing a new irrigation system on the east side, which will make the irrigation more efficient and will add an additional walking trail around the property. **Tree Planting at Del Norte:** We have received permission from the DOT to plant trees along the Paseo del Norte berm as a green noise barrier and beautification project. We will spend the next few weeks setting up the irrigation and will plant the trees in the fall. We encourage all residents to assist us by volunteering to plant trees with us. Stay tuned to time and place.



"Follow the Leader," by Stanley Proctor. Courtesy of the Lackner Family, Residents of Los Ranchos 1968-2019.



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Lavendula

A BRIEF INTRODUCTION

By Sue Brawley

Lavandula (common name lavender) is a genus of 47 known species of flowering plants in the mint family, Lamiaceae. It is native to the Old World and is found in Cape Verde and the Canary Islands, and from Europe across to northern and eastern Africa, the Mediterranean, southwest Asia to India. (from Wikipedia)

TYPES OF LAVENDER OVERVIEW

There are hundreds of kinds of lavender, all with subtle and sometimes great genetic variations. English Lavender, *Lavandula angustifolia*, is the most widely grown. *L. angustifolia* and *L. latifolia* have long been grown in Southern Europe for their perfume. Bees and other natural pollinators crossed these two species, producing a hybrid called Lavandin, which is more disease-resistant and produces more essential oils.

Due to the temperature variations, dry and often freezing winters, two Lavandin, 'Grosso' and 'Provence,' which are also known as *Lavandula intermedia*, grow the best here in central New Mexico. They are known to be hardy to Zone 3. Grosso has a stronger scent, more camphor, has a tall spike. It retains its color better than Provence, and stays on the stem longer. Provence is known for its culinary uses. They grow to 36" to 48" wide and tall.

L. angustifolia 'Hidcote' is not as tall a plant as Grosso or Provence, but it retains its intense blue/purple color when dried. *L. angustifolia* 'Munstead' is often found in borders since it is a smaller plant, 6-10" tall. It dries well. Canary Island Lavender, French Lavender and Spanish Lavender have long blooming seasons.



Botanical print of *Lavendula angustifolia*.

The poster features a purple background with a white scalloped border at the top and bottom. At the top left is the 'Lavender IN THE VILLAGE' logo with a lavender sprig. At the top right are two logos: 'RIO GRANDE COMMUNITY FARM' and 'Village of Los Ranchos de Albuquerque'. The main text is centered and reads: 'Savor the Scent of Summer', 'The 2023 Lavender Festival is almost here!', 'JULY 22 | Sunset Concert', 'JULY 23 | The Festival', 'Hartnett Park, Los Ranchos', and 'lavenderinthevillage.org'.



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SPECIAL LAVENDER MARKETS
July 1 | July 8 | July 15
July 22 | July 29



FIND US ON FACEBOOK AT LOS RANCHOS GROWERS' MARKET

Lavender Growers' Markets

By Sue Brawley



Every Saturday in July: Lavender Specials at the Growers' Market!

JULY | During the month of July, we will celebrate the lavender and garlic harvests. In addition to seasonal veggies, fruit and plants, vendors will have lavender and lavender product (Nancy Jams/ Jellies, Sweet Nothings, Swiss Alps, Randy's Pies and others) as well as various types of garlic. Colene Montoya and Sue Brawley, (both grow Grosso and Provence lavenders), will have fresh lavender and lavender products.

Also at the market, we will have various types of tomatoes, green & purple beans, potatoes, various types of summer squash (patty-pan, zucs, zephyr, roly-polly), fresh garlic, green onions, sweet peppers, radishes, carrots, and rutabagas you will find at the Growers' Market. Different types of basil will be available for pesto, stir-fries and salad uses. Also look for blackberries and raspberries, and potentially some other kinds of fruit as well. Bouquets are beautiful this time of year. Select from cosmos to sunflowers to lavender and more.

.....

Vendor Profile:

Timothy Bowman - NM Super Foods

Timothy Bowman of NM Super Foods, has been a Los Ranchos Growers' Market vendor for six years. He also sells at the Corrales Growers' Market on Sundays. Timothy starts about 50-60 trays of micro greens and sprouts each week. Of the 14 to 15 types that he brings to market each week, customer favorites are sunflower, broccoli, and his mixed sprouts which contain four to six different types. He offers tutorials to those that would like to know how to grow their own micro greens and sprouts. Timothy can be reached at (505) 425-1232.



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Caring for Sheep

A GUIDE TO KEEPING YOUR FLOCK HEALTHY AND HAPPY

By Dominic Tomba, Animal Control Officer/
Animal Husbandry Program Manager

Sheep are a popular choice for many farmers and homesteaders because of their hardiness, adaptability, and ability to produce wool and meat. However, to keep your sheep healthy and productive, it's important to provide them with proper care, including vaccinations, farrier work, and shearing. In this article, we'll cover the basics of sheep care and provide tips for keeping your flock healthy and happy.

VACCINATIONS Sheep are susceptible to several diseases that can be prevented through regular vaccinations. Some of the most common vaccines for sheep include: clostridial vaccines, which protect against diseases like tetanus and enterotoxemia—or kidney issues. Foot rot vaccines, which protect against bacterial infections that can cause lameness. Pasteurella vaccines, which protect against respiratory infections. Chlamydia vaccines, which protect against bacterial infections that can cause abortions. It's important to work with your veterinarian to develop a vaccination schedule that meets the specific needs of your flock.

FARRIER WORK Sheep need regular hoof trimming to prevent overgrowth and infection. A professional farrier can help with this task, or you can learn to do it yourself with proper training. Some tips for farrier work include the following: use sharp, clean tools to prevent injury and infection. Only trim the outer edges of the hoof, avoiding the sensitive inner parts. Regularly check for signs of lameness or infection, such as swelling or heat in the hoof.

SHEARING Sheep need to be sheared once or twice a year to prevent overheating and other health problems. Shearing can be done by a professional or by the shepherd with proper training and equipment. Some tips for shearing include the



following: use sharp, clean shears to prevent injury and infection. Start at the neck and work your way down, carefully avoiding sensitive areas like the udder and genitals. Regularly check for signs of skin irritation or infection, such as redness or swelling.

By providing your sheep with proper care, including vaccinations, farrier work, and shearing, you can keep your flock healthy and happy. Remember to work with your veterinarian and other professionals as needed to ensure the best possible care for your animals.

Need more info? Contact Dominic at (505) 977-4830 or pay him a visit in his office at the Agri-Nature Center, Monday through Friday from 8AM to 5PM.



Photo at top: Curious cutie. To the far left: sheep snoozing in the shade. To the left: Lamb getting its hooves trimmed

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GETTING FIT



WITH LISA KNIGHTON

Where is Your Head?

In the last year, I went back to school. As a life-longer learner, I enjoy a challenge, and it's through learning new things that we grow and change.

In my classroom at the school on the coast of Maine, my fellow students and I spend many hours on fascial manual therapy coursework. Once back in my studio in New Mexico, I incorporate these methods, which help create good alignment and posture.

One of my teachers, Tom Myers, an author, and manual therapist, has been instrumental in bringing awareness of fascial health to many health professionals in the last two decades. Myers says of posture "a posturally aligned body will degenerate more slowly than a body whose posture deviates." Better posture better equips us for healthier aging.

Speaking of posture, one of the most common deviations I see in my studio is a forward head. This position can lead to neck pain and headaches. And, indirectly, forward head positioning can be affiliated with discomfort in the lumbar area and around the shoulder blades. Even balance can be affected.

In my practice, assessing posture is part of the first step in any fitness planning. With a client, I get permission to snap body images. Each image is taken from a different position—anterior, side, and back views. To determine if my client is truly holding her head forward, I print the photo, draw-in a vertical line starting at the ankle bone and upward

through to the top of her head. A picture is worth one thousand words. If the center of the ear isn't tracking closely over her shoulder, this is often where we begin our work together.

Next, there are ways to test for the muscle strength of the neck. Most often the four deep neck flexor muscles are long and underactive. These four muscles are true to their name: they lie deep and close to the vertebral column at the neck. If long and underactive, these muscles are held in a stretched position, as a forward head stretches these muscles, and, in this lengthened position they are weak.

My client and I then work to set up a series of simple exercises using affordable equipment: a foam roller, a set of resistance bands, and a mirror. A mirror helps immensely with alignment and form! If there's dedication to performing the exercises most days of the week for around three to four months, there's remarkable improvement in posture, awareness,

muscle strength and, maybe most importantly, greater ease of movement and less discomfort and pain. Over time, and with an ongoing home-practice, the soft tissue grows stronger and offers more support to the bones and alignment improves.

Is it time for you to create more awareness of your posture? Are there areas where you can change? Do you have discomfort or pain in your neck? Where is your head? Have someone take photographs to see if you have any deviations from a more aligned body. If you find your posture needs attention, the body will respond to a good movement practice. Better alignment will serve you well.

.....
Lisa, CEO of AtHomeBeFIT, is an ACE Personal Trainer and Structural Integration Therapist in-training. She seeks to improve how the world ages through movement programs, Structural Integration, weight training, and corrective exercise. She can be reached at (706) 340-7989, or visiting her website athomebefit.com

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Pork Chop and Irish Whiskey Mushroom Sauce

This recipe was very graciously provided by Dave Hanisch of Dave's Valley Grill on 4th Street! Make sure to read his Business Highlight on page 30.

Ingredients

- 1¼ Tbsp butter
- ⅓ small red onion, chopped
- 1 cup of mushrooms
- 1¼ cup half and half
- 1 tsp finely chopped tarragon
- ⅔ cup of chicken broth
- pinch of salt

1. Grill 8oz center-cut pork chop(s).
2. Make the sauce: In a saucepan over medium heat, melt the butter, add the onions and mushrooms, and cook for 3 minutes, stirring continuously. Pour in the whiskey and turn up the heat. Simmer until the whiskey reduces by half.
3. Stir in the half and half and tarragon. Season with salt, reduce the heat to low and cook for another 5 minutes.
4. Spoon sauce over pork chops.

Recipe by Dave Hanisch of Dave's Valley Grill

History's Love of Lavender

FROM MUMMIES TO BATHHOUSES
AND BEYOND

By Lex Leigh

Lavender is one of the most well-known plants throughout the world. It is popular in gardening, baking, cleaning, and medicine. Though lavender is primarily a Mediterranean herb, it is hardy enough to grow in many areas throughout the world including the US, UK, and Australia. Lavender use has spread around the world. In each instance, it was used heavily and was shown to be effective against various pathogens and conditions. Its origins and uses throughout history give us a fascinating insight into the popular world of lavender.

FROM SPIKENARD TO LAVENDER

The earliest known records of lavender come from over 2,500 years ago. Evidence of lavender use can be found in ancient Egyptian mummification and early Roman public bathhouses. It is believed that lavender originated in the Greek Hyeres Islands and was brought to France, Spain, Italy, and England by the Arabians around 600 BC.



The use of lavender stems back so far that there are even references to lavender use in the Bible, specifically in the gospel of Luke, the gospel of John, and Song of Solomon. In the scriptures, the plant is referred to as “spikenard,” which was its original name. A common passage using lavender in the book of John refers to Mary anointing the feet of Jesus with expensive perfume:

.....
Lavender (Lavendula stoechas), istûkhâs [n. p.] [top]; Wild marjoram (Origanum vulgare var. megastachyum), awrijânûs [n. p.] [bottom], fol 131. Date: 1889-1890. Origin: Tehran or Mashhad?. (NoC US 1.0)



Medieval Peniarth manuscript illustration of Mary anointing Christ's feet. (CC0)

“Then took Mary a pound of ointment of spikenard, very costly, and anointed the feet of Jesus, and wiped his feet with her hair, and the house was filled with the odor of the ointment.” John 12:3

The herb was so heavily used in holy rituals at that time that it was costly to find. The term “spikenard” originated from the plant being called “nardus” or “Nard” in passing since it was frequently made into Holy Essence in the Syrian city of Naarda. Its name was changed to lavender sometime later by the Romans, stemming from the Latin verb “lavare,” which means “to wash.”

Lavender was frequently used in bathing because of its pleasant, potent scent. While it may have also been used due to its antimicrobial properties, it is unclear whether ancient communities would have known about these properties beyond speculation. Washerwomen throughout medieval and Renaissance Europe were called “lavenders” because they would spread their freshly-washed laundry over lavender bushes to give them a pleasant smell. Lavender was so frequently used in bathing that it was especially popular amongst royalty, who had more access to lavender bushes.

EVIL SPIRITS

Rather than being explicitly used for antimicrobial properties, it was said in the 16th century that lavender was frequently hung above door frames to prevent evil spirits from entering buildings. It was also said that having lavender in your home or bathing in it would prevent “evil fits” from occurring.



Illustration to the left: *Lavandula latifolia* (on the left) and *Lavandula angustifolia* (on the right), from 'De historia stirpium commentarii insignes...', 1542.

Image at lower left: vintage advertisement for Lavender Salts manufactured by the Crown Perfumery Co. from Mrs. Beeton's Household Management, circa 1888.

On St. John's Day, a religious holiday, the Spanish and Portuguese would throw lavender onto the floor of their church or in a bonfire to ward off evil spirits. Later, in the 19th century, travelers would sell lavender on the streets throughout Europe to protect against bad luck and bring good fortune.

MEDICINAL USES OF LAVENDER

Though the concept of "antimicrobial" did not exist in ancient history, many people did note correlations between lavender use and treatment for common illnesses. In the 9th century, grave-robbars who bathed with Four Thieves Vinegar (which contained lavender) in the evenings after their dirty work reportedly did not get sick with the plague. In the 16th century, glove-makers who used lavender to rid their wares of bad odors reportedly never became sick with cholera.

In the 12th century, Hildegard of Bingen, a German nun, claimed that "lavender water," a mixture of vodka or gin mixed with lavender, would cure migraines. Dioscorides, a Greek physician, wrote in his medical journals that he used lavender as an oral medicine to treat indigestion, sore throat, and headache. He also said it could be taken to prevent infection of external wounds.

These theories were later further confirmed by John Parkinson, an English herbalist from the 16th century. Parkinson claimed that lavender was "especially good for all griefes and paines of the head and brain" and was given regularly for headaches. Those who were able to have access to

lavender regularly would put it in their pillowcases to prevent headache and encourage a good night's sleep – something that is still done today! King Charles VI of France, like many royals with access to lavender, would require his pillowcase have fresh lavender in it so he could sleep well.

Traditional Asian medicine was the first to claim lavender's aids for stress and anxiety. The herb was traditionally used for "cooling" purposes on burns and other wounds, but they also used it to "cool the heart," which would relax the mind and release tension from the body.

Rene-Maurice Gattefosse, a French chemist in the 1930s, discovered the healing powers of lavender when he burned himself in his lab. He used lavender oil on the burn and discovered that his wound not only did not get infected, but healed much more quickly than with other ointments. Gattefosse's discovery inspired him to coin the term "aromatherapy," referring to treatment with aromatic plants such as lavender. Because of his work, lavender was used throughout WWII to heal the wounds of soldiers. Another French scientist, Marguerite Maury, used lavender oil on skin to perform massages, and performed the first recorded aromatherapy massage.

The United States was one of the last countries to have access to lavender. Lavender was brought to the US and Canada by English Quakers, who created herb farms to sell simple products created with lavender. Over time, this group became the Shakers, and they became known as the first group in America to sell lavender products commercially. Products they created include oils, balms, soaps, teas, and oral supplements.

Article excerpt reprinted with permission. Originally published on May 1, 2022 on www.ancient-origins.net

Ancient Origins highlights recent archaeological discoveries, peer-reviewed academic research and evidence, as well as alternative viewpoints of science, archaeology, mythology, religion and history.





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Celebration of Lavender
SATURDAY JULY 8TH AND JULY 15TH
8AM - 2PM
Music | Food | Art Raffles

Lavender and Southwestern Kokedamas

By Gordene MacKenzie

When the deep purple/blue flowers of lavender in the Village open, so does our annual Celebration of Lavender at the Los Ranchos Art Market. This year we will celebrate the plant that the ancient Egyptians thought was an aphrodisiac and the ancient Greeks revered as a sleep aid, by incorporating lavender themes and purple in some of our art. Come celebrate lavender with us on Saturday July 8th and 15th from 8am - 2pm. You will find unique juried handmade art, music, food, and art raffles.

“Making art is messy but from that mess beauty emerges.” This is a small snippet of a long conversation I enjoyed with Paula Ethridge, a Los Ranchos Art Market plant artist who creates a southwestern form of Kokedama which means “moss ball”. It is a Japanese art akin to Bonsai because they stay small. “Kokedamas symbolize health, balance, Zen energy, beauty, and peace.”

I watched Paula make them by coating the root ball with peat moss, various soils, and cactus mix. When she shaped the ball with her hands it reminded me of someone making pottery. Then she skillfully wrapped the ball in moss and tied it together by weaving a string around it. She finished it by placing the moss ball on found wood, some of which she cuts with her chop saw, then tops them off with various stones like quartzite. The result is a beautiful piece of living art that can remove toxins and dust from the air. To care for Kokedamas Paula recommends that you “soak them in about an inch or 2 of water every 10 days for 30 minutes. Some need less and some more.”



“I have always made art since I was little. It is so dry here I found that succulents work better than other plants.” During my visit I was dazzled by the beauty and diversity of 35 - 40 of her desert Kokedamas, including a two-year-old moss ball she made with chives. These were arranged in a harmonious exhibit on her table and along the windowsills where they danced with the southern light.

For Paula the fun part is in the design. She loves finding “weird succulents to see if they will work and combining them with elements from nature.”






A CELEBRATION OF

LAVENDER

SATURDAY
JULY 8 & 15
8AM-2PM



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Rio Grande Community Farm

by Jamie Welles, Executive Director, Rio Grande Community Farm



<https://riograndefarm.org/>
info@riograndefarm.org
(505) 308-4987



Rio Grande Community Farm (RGCF) is a non-profit organization operating on 27 acres of the City of Albuquerque, Los Poblanos Fields Open Space in Albuquerque's North Valley and has been part of the community for 25 years. RGCF's three primary mission elements are sustainable urban agriculture, education, and wildlife habitat. The farm operates using regenerative farming techniques for pest management, soil health and nutrition, and cultivation.

RGCF serves Albuquerque, the Village of Los Ranchos, and the surrounding community by hosting four events a year, including the Lavender Festival, serving approximately 11,000 people, supporting over 100 community gardeners in 80 garden rows, 38 micro-farmers on 1/8/ to 1-acre plots, providing farm camp programs for approximately 400 children, a farm incubator, and conducting workshops and training programs. Many of the workshops and training programs are in conjunction with the Village of Los Ranchos Agri-Nature Center. RGCF is the home of Tres Hermanas Farms Refugee Agriculture Partnership Program and Mountain Dojo's Celestial Mountain Farm co-op. Additionally, RGCF provides affordable regenerative farm equipment rentals, and supports wildlife by rotating small fields, planting borders, and establishing a permanent 3-acre field specifically for wildlife habitat.

For those farming on the property, RGCF provides garden tools, water cans, wheelbarrows, educational information, compost, and workshops for the gardeners. The farm provides and maintains water troughs between irrigation sessions. RGCF's micro-farmer program has increased from eight farmers in 2020 to 38 farmers in 2023. The micro-farmers have access to drip irrigation, and workshops on equipment and farming techniques.

RGCF's impact on the community is significant, with events and programs that serve thousands of people each year. The organization's focus on sustainable urban agriculture, community gardening, education, and wildlife habitat helps to connect people with the earth, water, and wildlife in their urban setting.

So why run the Lavender Festival? In 2022, the RGCF began talks with Lavender in the Village, the organization that successfully ran the Lavender Festival for many years. As a long-time grant recipient of the proceeds from the Lavender Fest, and with a robust and willing board, it seemed a natural fit for RGCF to more directly participate in this collaborative, community event. We look forward to a terrific Lavender Fest and a successful growing season on the farm!

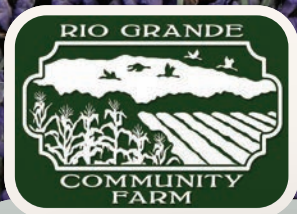


At top: Ashokra Farm harvest. Above: Composting in the Community Garden. Below: Rio Grande Community Farm will be providing hayrides from the Agri-Nature Center around the open space on July 13th and 20th from 5:30 to 6:30.



JULY 20 23

LAVENDER EVENTS



All starred (*) events require registration. Proceeds from these events will benefit Rio Grande Community Farm.

>> More information and event sign-up at www.LavenderInTheVillage.org



Note: For a full listing of all events held at Los Poblanos, please visit www.lospoblanos.com

1 SATURDAY

8AM - 11AM Lavender Specials
@ Los Ranchos Growers' Market

2:30PM - 7:30PM Rayos del Sol Mercado
at 6780 4th Street



6 THURSDAY

6PM - 8PM Outdoor Music Series:
"The Roswells" @ Los Poblanos Inn. Free.

8 SATURDAY

8AM - 2PM Lavender Art Market
@ Los Ranchos Art Market

8AM - 11AM Lavender Specials
@ Los Ranchos Growers' Market

10 through 13 MON-THU

5:30PM-6:30PM
U-Pick Lavender @ Agri-Nature Center

11 TUESDAY

10AM - 11:30AM Lavender Wildcrafting
Workshop @ Los Poblanos. \$65. Sign up at
lospoblanos.com

13 THURSDAY

5:30PM-6:30PM Hayrides Around the
Open Space with the Rio Grande Community
Farm @ Agri-Nature Center.
*(Adults \$10. Kids \$5.)

6PM - 8PM Outdoor Music Series:
"Sarah Rowe" @ Los Poblanos Inn. Free.

15 SATURDAY

8AM - 11AM Lavender Specials
@ Los Ranchos Growers' Market

8AM - 2PM Lavender Art Market
@ Los Ranchos Art Market

3:30PM - 7:30PM Rayos del Sol Mercado
at 6780 4th Street

12PM - 1:30PM Make & Take Lavender
Sun Prints (ages 2+) @ Color Wheel Toys.
Free.

Color
Wheel
Toys



16 SUNDAY

9AM Grain Fiesta
@ Agri-Nature Center. Free.

4PM "Potted Lavender" painting class
@ Kelly Jo Designs by Wine *(\$38)

17 through 20 MON-THU

5:30PM-6:30PM
U-Pick Lavender @ Agri-Nature Center

18 TUESDAY

10AM Lavender chocolate tasting
and chocolate factory tour
@ Eldora Chocolates *(\$20)



20 THURSDAY

10AM Lavender chocolate tasting and
chocolate factory tour
@ Eldora Chocolates *(\$20)

10AM - 5PM Drop-in Make & Take Lavender
Sachet (ages 4+) @ Color Wheel Toys. Free.

5:30PM-6:30PM Hayrides Around the
Open Space with the Rio Grande Community
Farm @ Agri-Nature Center.
*(Adults \$10. Kids \$5.)

6:30PM "Rock Me Mama" painting class
@ Kelly Jo Designs by Wine *(\$38)

6PM - 8PM Outdoor Music Series:
"Shane Wallin" @ Los Poblanos Inn. Free.

Bee Active CBD: 20% off all Lavender products in July (6897 4th Street NW)

Copper Bell Antiques: Annual Lavender Festival Sale Saturday, July 22 and 23. Sale and refreshments. (7425 4th St NW)

Toad Road: 20% off storewide. July 20 - 28. (6807 4th Street NW)

Sunshine Alchemists: Lavender Love Days! June 16-July 29 (Wed-Sat 11:30AM-5PM)

Trailhead Pelvic and Visceral Physical Therapy: Special \$25 Stop and smell the Lavender! 15 min personalized breathing class (7013 4th St NW) Call (505) 357-0055 to schedule.

21 FRIDAY

10AM - 5PM Drop-in Make & Take
Lavender Sachet (ages 4+)
@ Color Wheel Toys. Free.

6:30PM "Lavender Fields" Painting
class @ Kelly Jo Designs by Wine
*(\$38)

22 SATURDAY

6AM - 11AM 5K Lavender Run by RunFit
*(\$15-\$40)

8AM - 11AM Lavender Specials
@ Los Ranchos Growers' Market

10AM "Mimosa Morning" painting class
@ Kelly Jo Designs by Wine *(\$38)

10AM - 5PM Drop-in Make & Take Purple
Beaded Necklaces (ages 3+)
@ Color Wheel Toys. Free.

2PM "Lavender Fields
Forever" painting
class
@ Kelly Jo Designs by
Wine *(\$38)



5PM - 8PM Sunset
Concert at the Barn
@ Hartnett Park *(\$25)

PLEASE NOTE: Details of events may have changed, and more events may have been scheduled after this magazine went to print, so make sure to double-check times and dates at www.LavenderInTheVillage.org or with the individual organizers and vendors.



23 SUNDAY

8AM - 3PM
Lavender Fest

@ HARTNETT PARK
*(\$10 for ages 13 and up,
\$5 ages 3-12, free under 3)

120 vendors
New Mexico lavender products
delicious foods
locally-made fine art and crafts
3 stages of live music
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ceramic painting classes
by Kelly Jo Designs
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26 WEDNESDAY

11AM Until We Run Out "Sweet Bites and
Beer" Lavender-inspired treats from local
bakeries and beer pairings.
@ Steel Bender Brewery *



27 THURSDAY

6:30PM "Lavender Cowgirl" Painting
class @ Kelly Jo Designs by Wine *(\$38)

11AM Until We Run Out "Sweet Bites and
Beer" Lavender-inspired treats from local
bakeries and beer pairings.
@ Steel Bender Brewery *

29 SATURDAY

8AM - 11AM Lavender Specials
@ Los Ranchos Growers' Market



Heritage Grains

AN UPDATE ABOUT THE HERITAGE GRAIN TRIALS

By Joshua O'Halloran, Agriculture Program Manager

A year ago, I wrote an article about the trials growing heritage grains at the Agri-Nature Center, and I wanted to provide an update. We have learned a lot in the past couple of years trying different varieties and planting times to see what works best in the Albuquerque area. We have partnered with the Rio Grande Grain Collective who have provided us with seed these past couple of years and supported us in our trials.

HISTORY OF GRAINS IN NEW MEXICO

New Mexico was once a large grower of heritage grains with over 300 small mills in operation around the state. In the late 1800's, New Mexico was growing over 230 varieties of wheat! Today, very little wheat is grown—most of it hard red winter wheat. Our hybridized modern wheat is bred for high yield and easy harvest and has resulted in the loss of biodiversity, nutrition, and flavor. We remove the bran and germ from wheat and then we have to add vitamins D and E to it so that it has some nutrients again. Most wheat is now grown in the Midwest, and New Mexico has almost given up on it.

RIO GRANDE GRAIN COLLECTIVE

The Rio Grande Grain Collective is a group of bakers, backyard gardeners, and farmers with the goal of bringing back some of the heritage grains that used to be grown in the region. They have collected small amounts of seed from the Rocky Mountain Seed Alliance and trialed around 60 varieties of heritage barley, rye, and wheat. Some of these varieties started with 100 seeds, which have turned into 100s of pounds of seeds of varieties that were almost lost. Some of the top performing varieties in these trials include Khorasan (Kamut),



Sonoran White, Einkorn, Emmer, Turkey Red, Red Fife, Spelt, and Poltavka wheat; Swiss Mountain rye; and Tibetan Purple barley. These seed increases have led to more availability of seed that can be offered to small-scale farmers.

OUR EFFORTS AT THE AGRI-NATURE CENTER

At the Agri-Nature Center, we are in our third year of growing grain, and we are learning a lot in the process. We started by planting Sonoran wheat and spelt in late October of 2021. The crop came up nicely and then the cranes and geese migrated down in November and enjoyed the feast of grain that we had provided for them. As disappointing as this was, it was a great learning experience. We then planted some Tibetan Purple barley in the Spring of this year and despite a lot of weed pressure, we were able to harvest a small amount of barley. We then planted Turkey Red wheat and Sangaste Rye last September in an effort to find the sweet spot with our timing. It seems that we deal with too much weed pressure if we plant in the Spring and it is not established well enough to survive the geese when we plant in October. September seems to be the perfect timing! We have a beautiful stand of wheat and rye growing in the field that was grazed down in the winter by the birds and came back beautifully in the Spring. Learn more about Heritage Grains during our upcoming Grain Fiesta (details below).



GRAIN FIESTA

We will be harvesting, threshing, milling, and clipping grain together, followed by a grain-inspired meal. Join us for this wonderful collaboration with Rio Grande Grain, the NM Healthy Soil Working Group, and Seeding Regenerative Agriculture.

July 16 @9AM at the Agri-Nature Center. Free!



Photo at top: Sangaste Rye growing at the Agri-Nature Center. Photos to left are from 2022 Grain Fest: Participants dancing on the grain to help loosen it from the casing, and members of the Rio Grande Grain Collective running the stomped grain through a sieve to remove the chaff.



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THE BUSINESS HIGHLIGHT PAGE GIVES LOCALLY-OWNED BUSINESSES IN THE VILLAGE OF LOS RANCHOS DE ALBUQUERQUE A PLACE TO TELL THE WORLD WHO THEY ARE AND WHAT THEY OFFER.



Dave's Valley Grill

Dave's Valley Grill on 4th Street has been a fixture in Los Ranchos for over five years. Known for its comfort food, extensive brunch menu, and laid back atmosphere, we figured it was time to get to know the man behind the grill a little better.

Dave Hanisch got his start in the restaurant business as a cook at Perkin's Pancake House in Minneapolis in 1967. He continued working there through college and, upon graduation, became the general manager. After helping run numerous restaurants, consulting, and owning four restaurants, in 1988, Dave decided to pack up the family and move to New Mexico.

Before he landed at the property at 4th Street and Osuna that would become Dave's Valley Grill, Dave had careers as a regional director, running a K-Bob's Steakhouse, and being a food service broker, all the while gaining vast knowledge in restaurant management, recipe formulation, and menu development.

When Papa Burger moved out of its location at 4th Street and Osuna, Dave jumped at the chance. Having become quite familiar with the area as a broker, he came to love the Village as a great place to run a business. The menu Dave created at Dave's Valley Grill revolved around his love for American comfort

food that he grew up with in Minnesota. It filled a niche in the Albuquerque area.

The pot roast, short ribs, meat loaf, mac and cheese, ribeye steak poutine, and green chile chicken stew are bound to remind folks of what they grew up eating: their mama's cooking.

Dave's customers are loyal, and many have become friends, or even employees. They come from all over, and from as far away as Placitas and Rio Rancho, because, as Dave puts it: "People will travel for comfort food!"

Dave employs about 40 people at Dave's Valley Grill. His second location, in the Heights, Dave's High Desert Grill, opened just six months ago. It employs another 30 or so people. Dave credits the success of the Valley location for his expansion into a second location.

Another expansion came in the form of Dave's Los Ranchos Lounge, next door to the Valley Grill—a family labor of love as Dave's wife Debra did the decorating.

When asked about the most rewarding aspect of his work, Dave did not hesitate: "Taking an idea and developing it from a concept into a successful, profitable restaurant. Seeing a business all the way from conception to a thriving restaurant gives me great satisfaction."

Don't miss Dave's Pork Chop and Irish Whiskey Mushroom Sauce Recipe on page 19.

Find Dave's Valley Grill

- ▶ 6601 Fourth Street NW
- ▶ (505) 639-5807
- ▶ davesvalleygrill505@gmail.com
- ▶ www.davesvalleygrill.com

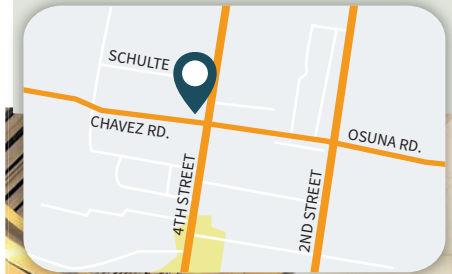
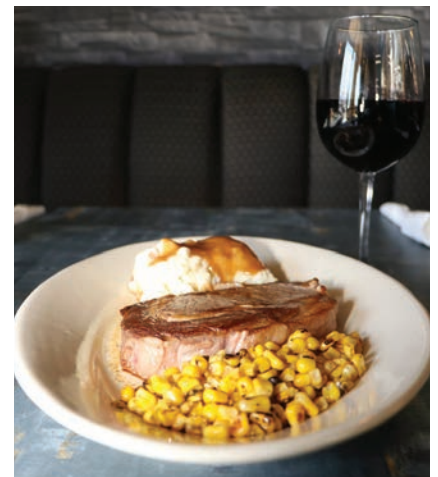
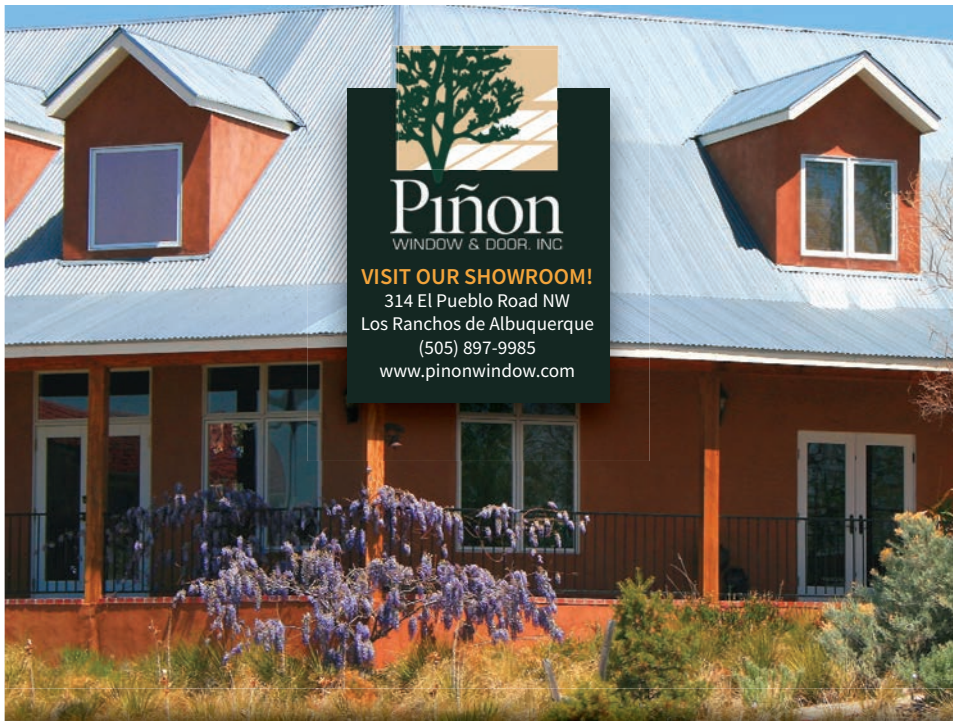


Photo above: Dave behind the grill at Dave's Valley Grill. Below: Some of the scrumptious food..





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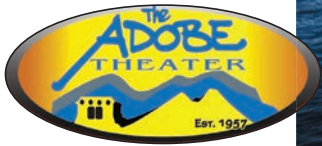


Marry Me A Little actors Xandra Michele and Cameron Ildridge-Welch.

Me a Little conceived by Craig Lucas and Norman René. Two single strangers, alone in their studio apartments on a Saturday night, pass their time with sweetly secret, unshared fantasies, never knowing that they're just a floor away from each other and the end of their lonely dreams. Gloria Goodman directs. Xandra Michele and Jaimasan Sutton will alternate the evening and matinee performances alongside Cameron Ildridge-Welch. Tune into The Adobe Theater's second AdobeFest radio theatre production on July 16 at 6PM at KUNM radio (89.9 FM). Enjoy 10 to 15-minute original unpublished plays, stories and monologues read by some of Albuquerque's favorite actors.

Adobe Theater: 9813 4th St. NW | www.adobetheater.org
 More Info and Ticket: (505) 898-9222

Theater on Stage and on the Radio



By Marcelle Cady

DRINKING HABITS | The days are becoming hotter and there are lots of outdoor activities, but I am sure you would still like to see some of the best productions in Albuquerque. If you are reading this by June 21st and have not seen DRINKING HABITS at The Adobe, you have four more opportunities: the usual three weekend performances, and a Pay What You Will performance on Thursday, June 22. The show will close on Sunday June 25.

Audiences have been enjoying this laugh-out-loud farce directed by Yannig Morin. The two wine-makers are played by Carolyn Hogan and Sarah Kesseling. Other members of the cast are Maureen Conheady-Trujillo, Joel Irvin, Ashley Reid, Antonio Trigo (aka The Adobe's Front of House Manager), Lianne Walker, and Michael Wepler. Don't miss this fun production.

MARRY ME A LITTLE | From July 14 – 30, for devotees of the inimitable Stephen Sondheim music and lyrics, don't miss Marry



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LAVENDER IN THE VILLAGE FESTIVAL 2023 | JULY 22 – 23

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— *Dr. Greg & Paige LoPour*



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July

► **It's getting too hot** to do much in the heat of the day. Take a few minutes each morning and evening to weed, deadhead, and look for potential problems.

► **In the vegetable garden**, garlic and onions are ready when their tops bend over. Let them dry in a shady spot for a couple of weeks, then remove tops and store in paper bags in a cool pantry or leave tops on and braid them for garlic and onion ristras.

► **Feed your roses** in mid-July to encourage another round of blooms before the first frost.



► **Stake fast-growing plants** as needed, and support fruit-laden trees as necessary.

► **Feed** with granulated slow release or liquid fertilizer.

► **This is a good time to empty the compost bin and restart it.** You'll get a good start on a new batch of compost that will winter over. Compost that is too hot to use on

plants at this time can be dug into an unplanted area, or it can be set aside to finish composting. Keep stored compost covered so rain won't leach out nutrients.

► **Water established beds weekly.** (New plantings or soil that has little organic matter will need to be watered more often).

► **Containers may need watering twice a day** from July through mid-August, and, if plants appear stressed, may need to be moved to a shadier spot.

► **Keep adjusting your watering schedule** for hot weather. Generally, water established trees and shrubs every 10 to 14 days deeply (to a depth of two to three feet). Be sure to water trees and shrubs away from the base of the plant; their feeder roots may extend more than 2-3 times the radius of the canopy in all directions from the trunk.

► **Add mulch** to reduce watering and to help cool the soil around your plants



► **Squash bugs** - Planting your squash later in the season, or using floating row covers for the second generation of bugs can be effective. They seem to prefer yellow squash, so variety selection may help, and also planting in containers has proven effective. Many beneficial insects prey on both the bugs and larvae.



► **Tomato hornworm** — The tomato hornworm is a caterpillar. Monitor the plants for stripped stems and large black fecal deposits – sure signs of tomato hornworms. Hand pick and throw to the birds. If you maintain a large bird population in your yard you may not even see hornworms!

This information is brought to you by the Albuquerque Master Gardeners. For more information visit abqmastergardeners.org. Have questions? Call the Master Gardeners Hotline at (505) 243-1386 or the Bernalillo County Extension Service at (505) 243-1386.



Summer Fruit Salad With Lavender Dressing

In July, the Los Ranchos Growers' Market tables will have a variety of fruit (peaches, berries, melons, grapes, etc.), mint, lavender, and honey: all the ingredients needed for a refreshing salad.

Ingredients for Dressing:

- 2 Tbsp honey
- 1 Orange or 2 limes (juice and zest)
- 1/2 tsp. fresh lavender buds
- Some lavender buds and/or mint leaves for garnish

In a small bowl, whisk together dressing. Pour dressing over cut-up fruit and whole berries and very lightly toss to coat. Garnish with fresh mint leaves and lavender.

Recipe by Sue Brawley

MINDFUL LIVING



WITH LARK ERICSON
LIFE COACH, RN, LF

What Can Journaling Do For You?

Journaling is the act of keeping a record of your personal thoughts, feelings, insights, and experiences. It can be written, drawn, or typed. It can be on paper or on your computer but either way it's a simple, low-cost way of improving your mental health.

It isn't easy starting and maintaining a new habit and a journaling is no different. It can feel like work, and the expectation of writing every day may deter some people. But the positive effects of journaling can be felt even if it's not done daily.

My friend gave me my first journal on my 21st birthday. It felt like such a grown-up gift that I wanted to honor her thoughtfulness by writing every day. For the first few years, I did, but as life got busier, harder, and more boring, I stopped keeping track. I have found that at the times in my life I could have used a journaling practice the most were precisely when I abandoned it.

If you'd like to add a journaling practice to your self-care arsenal, here are some tips for you:

1. IT CREATES AWARENESS

Writing down your feelings about a difficult situation can help you understand it better by helping you step back and see the whole picture. The act of putting an experience into words and structure allows you to form new

perceptions about events. By taking away the intense emotions or confusion you gain clarity about what you want.

2. IT REGULATES EMOTIONS

Brain scans of people who wrote about their feelings showed that they were able to control their emotions better than those who wrote about neutral experiences. This study also found that writing about feelings in an abstract way was more calming than writing vividly. Journaling can reduce your anxiety and stress by getting your thoughts and feelings out of you and onto a page.

If you find it hard to start and maintain a journaling practice, here are some ways to set you up for success:

1. Make it a routine: Link journaling to your bedtime or morning routine so it just becomes a seamless part of your day. I like to journal right before bed to clear my mind so I can sleep better.

2. Set a timer: Set an alarm for five minutes to start. There is no need to

write for long durations, just start and see where it takes you.

3. Make it easy: If you don't want to have to come up with things to write every day, get a journal that has daily prompts. This makes the practice so much easier.

4. Make it fun: Buy a journal you like, one that excites you and is special, so you feel connected to your journal.

If you're new to journaling, I am so happy for you to discover this way of being creative, thoughtful, and expressive. If you've been journaling for a while, I encourage you to read some of your old journals and appreciate the journey of your life.

.....
Lark Ericson works with adults and teens to develop confidence, self-esteem, and resilience. She is a hypnotherapist who focuses on building confidence and joy by releasing unwanted behaviors and emotions.

Reach her at larkericsoncoaching.com or larkericsoncoaching@gmail.com.

The advertisement is divided into two main sections. The top section features the text 'sarabande' in a large, dark blue, lowercase sans-serif font. Below this, on the left, is a photograph of a pink, butterfly-shaped jewelry holder with various pieces of jewelry like necklaces, earrings, and a bracelet. On the right, the text 'HOME store' is written in a white, uppercase sans-serif font, followed by 'a simple choice' in a smaller, lowercase sans-serif font. At the bottom of this section, the phone number '505.344.1253' and the social media handle '@sarabandehome' are listed. The bottom section features the text 'b&b' in a large, lowercase sans-serif font, followed by 'a quick escape' in a smaller, lowercase sans-serif font. To the right of this text is a photograph of an outdoor patio area with a table and chairs, surrounded by greenery and a building in the background. At the bottom of this section, the phone number '505.348.5593' and the social media handle '@sarabandebnb' are listed.



photo courtesy: Sergio Salvador

'TIS THE SEASON FOR LAVENDER

Lavender season makes us downright giddy here on the farm... and we couldn't be more excited to share all that we have to offer during this fabulous season!

Join us during our favorite time of year by attending any of our exciting, upcoming events:

Annual Lavender Harvest Dinner, July 21

A wine-paired menu that infuses lavender into our Rio Grande Valley Cuisine and highlights the flavors of summer in the North Valley.

Afternoon Tea at La Quinta

Wednesday and Sunday afternoons on the elegant La Quinta portal.

Outdoor Music Series, Thursdays, 6 - 8 pm

Free live music by the silos with drinks from the Rescue Truck and extended Farm Shop hours.

Dr. Armin Rembe Lecture Series at La Quinta

This summer's series highlights chamber music, stimulating conversations on botanical distillation and regenerative farming.

Tamarind Institute Summer Season

A special lithography exhibition in the La Quinta Gallery with opportunities to hear from artists and master printers.

Drop-in Lavender Distillations

Live distillations in our alembic copper stills for the duration of the season.

Lavender wildcrafting workshops, July 11th & August 8th

Tour the fields and create a beautiful lavender decoration for your home.



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Visit our calendar at lospoblanos.com for event details.

THE REAL ESTATE MARKET



WITH TIM TOURVILLE

Lavender Scents and Sense

With Lavender in the Village right around the corner, I wanted to share with you my personal recipe for lavender tea. Sipping this tasty brew not only brings tranquility but it also enhances your home's ambiance.

Combine one teaspoon of dried lavender flowers, one teaspoon of loose-leaf green tea, and a couple of fresh mint leaves in a tea infuser, and steep in boiling water for five minutes. I add a little local honey to sweeten it up and it also helps calm my allergies. The enchanting aroma of lavender will fill your home, creating a serene atmosphere. Sipping this aromatic infusion relaxes the mind and body, promoting calmness and reducing stress.

Seller's will benefit by brewing lavender tea and leaving some out prior to showings and at open houses. Prospective buyers touring your home will feel welcomed and open to visualize how they could live in your home while enjoying the mesmerizing aroma and flavor of lavender.

Tea is not the only way to use lavender to help sell a house... Lavender plants enhance any landscape. They are

sun-loving and need well- drained soil. They can be planted almost any time, and even started indoors from seed. Plants may succumb to old age after ten years but are inexpensive to replace. They thrive in our hottest and most drought-ridden summers without watering much and live through our occasional harsh winters. A sunny spot on the walkway to your house is an ideal place for potted lavender or in an adjacent planter if available. Cut, dried, lavender flowers tied in bunches can be laid in linen closets or tucked in dry flower arrangements. Lavender, anywhere, is sure to create an ambiance of comfort that will make your home worth a second smell and look!



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Summary of Residential Property For Sale in the Village of Los Ranchos

Listing#	Street#	Street Name	Listing Price	ApxSqFt	BR	BA	G	Lot Acr.	Listing Office	Office Phone	Listing Member
1031386	5425	Eakes	\$6,400,000	10,259	5	8	7	2	The Maez Group	(505) 718-4980	Joseph Maez
1026922	7012	Rio Grande	\$4,300,000	7,839	5	5	8	8.06	Ida Kelly Realtors	(505) 888-1000	Channing Kelly
1032914	4900	Rio Grande	\$2,900,000	3,600	3	5	2	6.92	Hanna Commercial, LLC	(505) 332-0522	Richard Hanna
1024201	7028	Rio Grande	\$2,698,800	LAND				6.8	Berkshire Hathaway ALLSTAR	(505) 994-8585	Juan Duran
1026457	721	Chavez	\$2,200,000	5,464	3	4	2	2.01	Keller Williams Realty	(505) 271-8200	Feil Cabinet Team
1029739	4601	Rio Grande	\$1,995,000	4,630	3	4	3	2.8	Coldwell Banker Legacy	(505) 293-3700	Sandi Pressley
1032699	900	Devon	\$1,550,000	3,777	3	4	6	1.4	Realty One of New Mexico	(505) 883-9400	Stephanie Walter
1029433	520	Sandia View	\$1,400,000	LAND				2.72	The M Real Estate Group	(505) 247-1002	Thomas Mestas
1028098	723	Chavez	\$1,290,000	8,000	7	6	0	2.05	Hot Realty, LLC	(505) 433-2162	Brittany Jorgensen
1031932	7617	Guadalupe	\$895,000	3,614	4	3	3	0.51	The M Real Estate Group	(505) 247-1002	Joseph Giraud
1026958	300	El Pueblo	\$850,000	LAND				1.31	Red Rock Realty & Invest of NM	(505) 994-9291	Arun Mehra
1028804	6405	Guadalupe	\$625,000	2,425	4	3	2	0.27	Realty One Group Concierge	(505) 318-1111	Maria Candelaria
1027262	1001	Cottonwood	\$495,000	LAND				1.52	The Maez Group	(505) 718-4980	Joseph Maez
1027246	7220	Zia View	\$299,000	LAND				0.56	Absolute Real Estate	(505) 681-8578	Leola Robledo
1027247	7201	Zia View	\$299,000	LAND				0.55	Absolute Real Estate	(505) 681-8578	Leola Robledo
1027248	7200	Zia View	\$299,000	LAND				0.56	Absolute Real Estate	(505) 681-8578	Leola Robledo
1027249	7221	Zia View	\$299,000	LAND				0.55	Absolute Real Estate	(505) 681-8578	Leola Robledo

The information herein is deemed reliable, but not guaranteed from SWMLS compiled on or before May 10, 2023 by Tim Tourville, Coldwell Banker Legacy.



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A Day in the Life...

HIGHLIGHTING THE BEAUTIFUL, THE UNIQUE, THE QUIRKY VILLAGE OF LOS RANCHOS

LAVENDER FESTIVAL 2022



JOIN US for this year's
Lavender Festival on July 23rd
in Hartnett Park!

For a calendar of Lavender-related
events during the month of July, see
our centerfold.

LAVENDER IN THE VILLAGE ANNOUNCES 2023 GRANT RECIPIENTS

On May 3, 2023, The Lavender in the Village Association announced the 2023 grant beneficiaries, with more than \$52,000 going to local organizations.



Lavender in the Village Association (LITV) is a 501(c)(3) non-profit organization founded in 1994 for the purpose of raising money to help fund local agricultural and educational programs. LITV's mission is to preserve and enhance public open space in Los Ranchos de Albuquerque; to stimulate an interest in sustainable agriculture; to promote arts and education, particularly in relation to the agricultural history of the Rio Grande Valley; and to foster community spirit. In addition to separate funding for the Rio Grande Community Farm, LITV recently bestowed grants for 15 individual projects that include a farm and garden program aiding refugee resettlement, infrastructure for an agricultural apprenticeship program for adults with intellectual and developmental disabilities, a community museum's curandera garden showcasing native plants and medicinal herbs, a pilot project exploring the use of robotics in farming, and more.

The 2023 LITV grant recipients are:

- Albuquerque Sign Language Academy, for their Project Edible Trails at the Larry P Abraham Agri-nature Center in Los Ranchos
- Alvarado Elementary, for maintenance and expansion of the school garden
- Ashokra Farms, for local micro farm operations
- Bernalillo Community Museum, to develop community gardens at the museum
- El Camino Real Academy, for their Garden and Grounds program
- Lutheran Family Services, Rocky Mountains, for their Tres Hermanas Farm program
- Mandy's Farm, for farm infrastructure supporting their AgriAbility program
- Meals on Wheels, for the purchase of local agricultural products
- Mountain Dojo, for local micro farm operations
- Organic Planet Farms, for local micro farm operations and community education
- SAOL Agriculture Solutions, for the FarmBot pilot project
- Siembras y Cosechas Family Farm, for local micro farm operations
- SOL Forest School, to develop a Forest School program for Alameda Elementary preschoolers
- Space Dog Farms, for local micro farm operations
- Valencia Soil and Water Conservation District, for creation of lavender demonstration gardens

"The LITV board congratulates all of our grant recipients, and we look forward to working with them to spread awareness and education on the importance of sustainable farming, taking care of our environment, and creating a foundation for the next generation to be environmentally conscious," said Lisa McKinney, Vice-Chair of the Lavender in the Village Board. "We are grateful to the Village of Los Ranchos, to our generous sponsors, and to the greater Albuquerque community for their continued support for our mission."

The organization's annual fundraising event, the Lavender in the Village Festival, is the largest lavender festival in the Southwest. The event is scheduled for July 22-23, 2023 at Hartnett Park in Los Ranchos, and will feature more than 100 lavender vendors, live music, activities for kids, yoga, seminars, and demonstrations. This year, the festival will be produced by the Rio Grande Community Farm along with Blue River Productions. For more information, visit www.lavenderinthevillage.org, <https://riograndefarm.org> and www.blueriverproductions.com.



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2023 Regular Local Election Information

By Danielle Sedillo-Molina, CMC, Village Clerk

This year's Regular Local Election will take place on **TUESDAY, NOVEMBER 7, 2023** from 7AM to 7PM at polling sites located throughout Bernalillo County. Residents will be afforded the opportunity to vote, not only on Village At Large Positions, but also on other important items on the ballot.

At Large Positions for the Village of Los Ranchos:

- One position for a Mayor for a four-year term
- One position for a Trustee for a four-year term
- One position for a Trustee for a four-year term

FILING YOUR CANDIDACY

If you are interested in being a candidate for one of the positions listed, please be aware of the upcoming filing deadlines:

Candidate Filing Day is Tuesday, August 29, 2023, between 9:00 a.m. and 5:00 p.m. at the Bernalillo County Clerk's Office, located at 415 Silver SW.

Each candidate filing to appear on the Regular Local Election ballot must submit the following completed forms to the proper filing officer during the designated hours:

- Declaration of Candidacy
- Affidavit of Designee for Filing (only if someone is filing on behalf of the candidate)

Please visit the Village website frequently for updated important information regarding polling locations, other key dates and early voting dates:

>> <https://www.losranchosnm.gov/election-info>

If you have any questions regarding the upcoming election, please feel free to contact Village Clerk, Danielle Sedillo-Molina at dmolina@losranchosnm.gov or (505) 344-6582.



PLANNING & ZONING COMMISSION MEETING SUMMARY

February 11, 2023 7PM/Regular Meeting (Draft Minutes*)

Location: Warren J. Gray Chambers

Commissioners Present: Dan Gay, Vice-Chair; Karen Christensen; JT Michelson; Mary Homan; Connie Barrow (remote)

Commissioners Absent: Shelleen Smith (Excused)

Staff Present: Maida Rubin, Planning & Zoning Director; Ann Simon, Village Administrator; Michelle Austin, Administrative Assistant; Kiko Jeanette, IT Specialist

Staff Absent: Nan Winter, Village Attorney (excused)

CONSENT AGENDA

Approval of February 14, 2023 Regular Meeting Minutes. *The motion carried 4-0 by roll call vote. Commissioner Homan Abstained - Not present at the February 14, 2023 P&Z Meeting*

PUBLIC HEARINGS AND APPLICATIONS

A. HO-0618; A request by MG McCullough for a Home Occupation Permit and license for acupuncture sessions and telehealth as authorized under §9.2.25(D)(4) Home Occupation Permit in the A-1 Zone in the Guadalupe Trail Character Area. The property is located at 532 Westgate Lane NW and is legally known as LT 1-A MRGCD MAP #27 (AKA WLY POR 119.71 FT LT 1). The property contains 0.907 acres more or less.

- ▶ Director Rubin gave the planning report with recommendation of approval.
- ▶ Speakers: MG McCullough - 532 Westgate Lane NW (Applicant), Bob Keers – 7037 Guadalupe Trail NW (In favor), Jason Tang – 532 Westgate Lane NW (In favor), John Edward – 16 Applewood Lane NW (In favor), Jessica Woodard – 528 Westgate Lane NW (In favor), Jim Sands – 6913 Guadalupe Trail NW (In favor)
- ▶ Motion: Commissioner Gay moved to approve. *The motion carried 5-0.*

B. V 23-01; A request by Karla Vendegna for a Variance from §9.2.7(H)(2) 12 requiring that “No solid wall or fence located within the rear or side setback area 13 shall exceed six (6) feet in height.” The property is zoned A-1 and is located at 14 6905 Guadalupe Trail NW in the Guadalupe Trail Character Area. The property 15 is legally known as LOT 2A-2R PLAT OF LOTS 2A-1R & 2A-2R LANDS OF 16 RANDALL DAVIS. The property contains 2.0283 acres more or less.

- ▶ Director Rubin gave the planning report with recommendation of approval with conditions.
- ▶ Speakers: Karla Vendegna – 6905 Guadalupe Trail NW (Applicant), Jason Casuga, MRGCD – 1931 Second Street SW (In favor), Jim Sands – 6913 Guadalupe Trail NW (In favor)
- ▶ Motion: Commissioner Michelson moved to approve with conditions stated in the Director’s Report. *The motion carried 5-0.*

C. S 23-03; A request by Nijmegen Plaza LLC for a Sketch Plat Review for a Major 10 Subdivision in the VC Zone in the Fourth Street Character Area. The property is located 11 at 6502 4th St. NW and is legally known as ALL OF LOT A EXC EAST 165.84 FT 12 OF BLANCHE B DOKKENS SUBD OF LOT 2 MERRITT. The property contains 13 0.5016 acres more or less.

- ▶ Director Rubin gave the planning report for the Sketch Plat Review for a Major Subdivision 16 in the VC Zone. No official action and no findings are required at this meeting, only decision 17 and guidance from the commission.
- ▶ Speakers: Chris Pacheco – 5905 El Prado Road NW (Applicant), Bob Keers – 7037 Guadalupe Trail NW (In favor), Nancy Robinson - 231 Willow Road NW (In opposition)

NEW BUSINESS

A. Adoption of Resolutions for 2023

1. Adoption of Resolution 2023-1 Planning & Zoning – Open Meetings Act . Commissioner Homan made a motion to adopt. *The motion carried 5-0.*
2. Adoption of Resolution 2023-2 Planning & Zoning – Rules for the Transaction of .Business. Commissioner Michelson made a motion to adopt. *The motion carried 5-0.*

B. Election of Officers 2023

1. Nominations for: Chair, Vice Chair, and Secretary.
 - a. Chair: Commissioner Barrow moved to elect JT. Michelson for Chair. *The motion carried 5-0.*
 - b. Vice Chair: Commissioner Barrow moved to elect Mary Homan for Vice Chair. *The motion carried 5-0.*
 - c. Secretary: Commissioner Christensen moved to elect Connie Barrow for Secretary. *The motion carried 5-0.*



SANDIA PREP'S Summer PREP

June 5 - July 14
Three 2-week sessions

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- Expanded schedule
- PreK - high school
- Specialty programming



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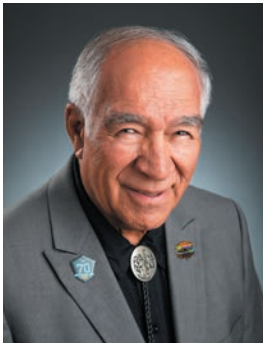
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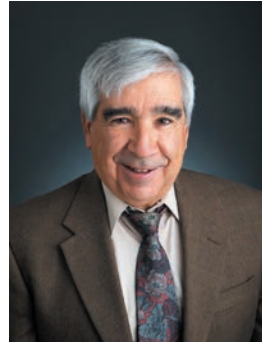
BOARD OF TRUSTEES MEETING SUMMARIES



Donald T. Lopez
Mayor



Sandra Pacheco
Mayor Pro Tem



Gilbert Benavides
Trustee



Allen Lewis
Trustee



George Radnovich
Trustee

MARCH 8, 2023 7:00PM/Regular Meeting

Location: Warren J. Gray Chambers and streamed on the Village Website and via Zoom

Present: Mayor Pro Tem/Trustee Pacheco, Trustee Benavides, Trustee Radnovich, Trustee Lewis (via Zoom)

Excused Absent: Mayor Donald T. Lopez, Administrator Ann Simon

PUBLIC COMMENTS

Comments by Amy Legant, 511 Charles Place NW, David Montoya, 517 Pueblo Solano NW, Nancy Nangeroni, 7315 Guadalupe Trail NW

PRESENTATIONS

- A. Los Ranchos Elementary School Update; Craig Robinson, Principal and Cindy Smith, Community School Coordinator
- B. Bernalillo County Fire Department Update; Greg Perez, Chief
- C. Business and Economic Development Committee Final Report; Dr. Harvey White
- D. 4th Street Phase 2 Value Planning, conducted January 31-February 3, 2023; Chris Baca and Kasey Gooden of Parametrix Engineering, Planning, and Environmental Sciences.

FINANCIAL BUSINESS

- A. Discussion and Approval of the February 2023 Cash Report. **Motion Passed 4-0**
- B. Discussion and Approval of Resolution No. 2023-03-01; A Resolution recommending a Budget Adjustment (BAR) for the Edible Trails Grant. **Motion Passed 4-0**
- C. Discussion and Approval of Resolution No. 2023-03-02; A Resolution recommending a Budget Adjustment Request (BAR) for state appropriations for the outdoor classroom at the Larry P. Abraham Agri-Nature Center. **Motion Passed 4-0**

PUBLIC HEARINGS

- A. Discussion and Approval to Adopt Ordinance No. 293; Granting a Franchise to Comcast of New Mexico, LLC, to Construct, Maintain and Operate Cable Facilities and Infrastructure in the Public Rights-of-Way within the Village of Los Ranchos de Albuquerque; Repealing Ordinance No. 66. **Motion Passed 4-0**
- B. TA 23-01; Discussion and Approval to advertise amended text §9.2.12 C-1 Retail Commercial Zone, summarized as follows: In Section (B) Uses, reduce Multi-Family dwelling unit density; add "Adult or Child" to Daycare Facilities use; increase ground floor add retail percentage requirement for Mixed-Use development and reduce density; add Mixed-Use development with a commercial but non-retail component as a conditional use; reduce single-family detached, townhouse, and Condominium density; add "Beverage" to Food and Alcohol Service use; change Dry Cleaning from permissive to conditional use; modify language for Light Manufacturing use. In Section (E) Height Limitations, lower height from three (3) stories (39 feet) to two (2) stories (26 feet); allow covered patios or balconies on the second floor to exceed 60 percent of the first-floor enclosed area, and to extend up to five (5) feet beyond the first-floor footprint if abutting Fourth Street NW; condense (E)(1), (2), and (3) into (E)(1); condense (E)(3)(a) and (b) into (E)(1)(a); lower chimney height from 42 to 29 feet. **Motion Passed 4-0**

continued on next page...

BOARD OF TRUSTEES MEETING SUMMARIES, *continued*

UNFINISHED BUSINESS

A. Discussion, Consideration, and Approval of the Governing Body Regular Meeting day and time for calendar year 2023. (Deferred from December 2022).

Mayor Pro Tem Pacheco Lopez asked for a motion to leave the Regular Board of Trustees meeting on the second Wednesday of the month.

MOVED: Trustee Radnovich

SECONDED: Trustee Benavides

CARRIED: *Motion Passed 4-0*

NEW BUSINESS

A. Discussion and Approval of Resolution No. 2023-03-03; A Resolution Regarding a Capital Appropriations Project Agreement with the New Mexico Department of Transportation.

Mayor Pro Tem Pacheco asked for a motion to approve Resolution No. 2023-03-03.

MOTION: Trustee Benavides

SECONDED: Trustee Lewis

Public Comment: David Montoya, 517 Pueblo Solano NW

CARRIED: *Motion Passed 4-0*

B. Discussion and Approval: In accordance with the Village of Los Ranchos 2013 Codified Ordinances Chapter 9; §9.2.2 Planning and Zoning Commission. (A) MEMBERSHIP: The Commission shall consist of seven (7) members who shall be appointed by the Mayor with the advice and consent of the members of the Governing Body.

Planning & Zoning Commissioners for 2023/2024: Connie Barrow, Karen Christensen, Dan Gay, Mary Homan, J. T. Michelson, Shelleen, Smith (all are current members)

Mayor Pro Tem asked for a motion to approve the reappointments.

MOVED: Trustee Lewis

SECONDED: Trustee Benavides

CARRIED: *Motion Passed 4-0*

TRUSTEE INFORMAL DISCUSSION

Trustee Lewis

- Has received concerns from residents regarding the regulation to notify people within 300ft, would like to address it.

Trustee Benavides

- The Principal of Los Ranchos Elementary wants to report frequently, maybe a fall or spring report would be sufficient.
- The presentation about the Business and Economic Development Committee, there were many recommendations that were presented. How do we as a Board of Trustees get together and take action on that? I would be willing to do a special session to talk about those recommendations.
- In Ann Simon's report she talked about the Lavender Festival. I am wondering how much the Village gets in terms of funds.

Trustee Radnovich

- I think we need to think about our history more and who we are as a Village as part of that. I wanted to bring up the potential to buy the old Yonemotos sign at 2nd and El Pueblo and we post that near that open space.
- We have not talked much about that Open Space Bond since we passed it as a community and there are open spaces that we ought to be looking at. I think it is important, we heard repeatedly from the constituents in 2022. We seem to spend a lot of money and effort on roadway projects and seem to forget about some of the others.

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BOARD OF TRUSTEES MEETING SUMMARIES, *continued*

APRIL 12, 2023 7:00PM/Regular Meeting

Location: Warren J. Gray Chambers and streamed on the Village Website and via Zoom
Present: Mayor Pro Tem/Trustee Pacheco, Trustee Benavides, Trustee Radnovich, Trustee Lewis

Excused Absent: Treasurer Will Fisher

Chair: Mayor Donald T. Lopez

PUBLIC COMMENTS

Comments by Loretta Chavez Smith, 536 Chavez Road NW, Joe Craig, 505 Calle del Pajarito NW

PRESENTATIONS

A. Village of Los Ranchos Financial Audit, FY ending June 30, 2022; Audrey Jaramillo, Jaramillo Accounting Group LLC (JAG).

FINANCIAL BUSINESS

A. Discussion and Approval of the March 2023 Cash Report. **Motion Passed 4-0**

PUBLIC HEARINGS

A. LL 23-01; A request by Los Ranchos Brewing LLC, dba Hops Brewery, 6897 Fourth Street NW, Los Ranchos de Albuquerque, NM for a Small Brewer Liquor License, Application No. 1244749, NM Regulation & Licensing Department. The property is located in the C-1 Zone in the Fourth Street Character Area; 6897 Fourth Street NW and is legally known as Tract 188B, Lot B, MRGCD Map No. 27, Bernalillo County, NM, as filed in the office of the Bernalillo County Clerk circa October 1, 1980. The property contains 1.286 acres more or less.

Mayor Lopez asked each Trustee for full disclosure of real or potential conflicts of interest with this item of business: Trustee Pacheco-none, Trustee Lewis-none, Trustee Benavides-none, Trustee Radnovich-none

Motion Passed 4-0

B. LL 23-02; A request by N & I Margaritas, LLC, dba Sadie's Cocktails, for a Wholesale Liquor License, Application No. 1243425, NM Regulation & Licensing Department. The property is zoned C-1, is located at 6230 Fourth Street NW Suite B, Los Ranchos de Albuquerque 87107 within the Fourth street Character Area, and is legally described as Tract C-1 Plat of Tracts C-1 & C-2 Lands of Blanchard, situated within projected section 28, T.11N., R.3E., NMPM, Village of Los Ranchos de Albuquerque, Bernalillo County, NM, as filed in the Office of the Bernalillo

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OBITUARY

Julian Padilla Jr.



1942 - 2023

We carry you in our hearts

During President Kennedy and President Johnson's administration, Julian Padilla Jr. served as the Director of Community Action Programs throughout Albuquerque, New Mexico. He assisted Cesar Chavez in helping migrants achieve a better standard of living. He was selected as an advisor by President Jimmy Carter. He participated as a board member in numerous national, state, county, city, and municipal boards. He was one of the founders of the Albuquerque Hispano Chamber of Commerce. He was an elected official to the Middle Rio Grande Conservancy District, Middle Rio Grande Council of Governments, Municipal Trustee and Mayor Pro Temp of the Village of Los Ranchos. He founded the Peanut Butter and Jelly daycare program. He was a weekly minister at thirteen different assisted living facilities in Albuquerque, NM. He was a spiritual ambassador in South America. He was invited to teach in other places across the globe, including Africa.

*Julian Padilla Jr. personal statement:
"In conclusion, I have lived a life most people only dream, want, and desire. I am completely satisfied."*

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- TPO roof
- New stucco
- Radiant heat and CFA
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BOARD OF TRUSTEES MEETING SUMMARIES, *continued*

County Clerk on May 6, 2004. The property contains 2.6771 acres more or less.

Mayor Lopez asked each Trustee for full disclosure of real or potential conflicts of interest with this item of business: Trustee Pacheco-none, Trustee Lewis-none, Trustee Benavides-none, Trustee Radnovich-none

Motion Passed 4-0

C. Discussion and Approval to Adopt Ordinance No. 294; amended text §9.2.12 C-1 Retail Commercial Zone, summarized as follows: In Section (B) Uses, reduce Multi-Family dwelling unit density; add “Adult or Child” to Daycare Facilities use; increase ground floor add retail percentage requirement for Mixed-Use development and reduce density; add Mixed-Use development with a commercial but non-retail component as a conditional use; reduce single-family detached, townhouse, and Condominium density; add “Beverage” to Food and Alcohol Service use; change Dry Cleaning from permissive to conditional use; modify language for Light Manufacturing use. In Section (E) Height Limitations, lower height from three (3) stories (39 feet) to two (2) stories (26 feet); allow covered patios or balconies on the second floor to exceed 60 percent of the first-floor enclosed area, and to extend up to five (5) feet beyond the first-floor footprint if abutting Fourth Street NW; condense (E)(1), (2), and (3) into (E)(1); condense (E)(3)(a) and (b) into (E)(1)(a); lower chimney height from 42 to 29 feet. **Motion Passed 4-0**

NEW BUSINESS

A. Discussion and Approval of Resolution No. 2023-04-01; A Resolution rescinding the approval of the loan agreement with Middle Rio Grande Conservancy District (MRGCD), for agricultural loan for improving water efficiency measures. **Motion Passed 4-0**

B. Discussion and Approval: In accordance with the Village of Los Ranchos 2013 Codified Ordinances Chapter 9; §9.2.2 Planning and Zoning Commission. (A) MEMBERSHIP: The Commission shall consist of seven (7) members who shall be appointed by the Mayor with the advice and consent of the members of the Governing Body.

Planning & Zoning Commissioner for 2023/2024: a. Robert Martinez

Motion Passed 4-0

C. Discussion and Approval to allow Mayor Donald T. Lopez to enter into a Professional Services Agreement with Parametrix, the awarded offeror of the Request for Proposals, RFP#2021-02, for On-Call Consultants for the Comprehensive Transportation Analysis. Presented to the Board of Trustee and approved by Resolution No. 2022-10-04, on October 12, 2022.

Roll Call Vote: Trustee Pacheco-Yes, Trustee Lewis-Yes, Trustee Benavides-Yes, Trustee Radnovich-Abstain. Motion Passed 3-0

SECONDED: Trustee Lewis

Public Comment: David Montoya, 517 Pueblo Solano NW

CARRIED: **Motion Passed 4-0**

TRUSTEE INFORMAL DISCUSSION

Trustee Pacheco

- It was great to see the use of the park on Easter Sunday.
- I just wanted to comment on the budget session, I thought it was excellent. We accomplished a lot during the session, and I wanted to thank everybody for that.

Trustee Lewis

- I would like too also congratulate the Trustees and everybody for the budget session. I thought it was excellent, it is such an improvement. I think it is going to be a very good budget.

Trustee Benavides

- I've been asking about a long-range plan for the Agri-Nature Center, it is a treasure and there are so many different directions we can go in. I would like to see that all wrapped up in a plan.

Trustee Radnovich

- I just think we ought to slow down, and my sense is that the Village just kind of works bulls ahead and doesn't always talk to constituents. I think we need to do more talking with constituents, we need to find better ways to do that. I don't think we are listening enough.
- If you look at our budgets, the lion's share of the budgets are road maintenance, I don't think our roads are in horrible shape in many cases, even if they are a little bit, say gravel roads for example, it kind of adds to the character of the Village. I think we ought to spend more money and time on projects like the Agri-Nature Center



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Agri-Center Entrance and Roadway Project is Complete

The Agri-Nature Center Entrance and Roadway Project is now complete. We were able to cut the ribbon on the roadway with Representative Day Hochman-Vigil, who helped us secure much of the needed funding. The project included new stucco on the planters, lighting for the sign, a new electric gate, crusher fines on the entrance, and a new alignment into the property. Come check it out!



Acquiring Anderson Fields



The Village of Los Ranchos is hoping to close on the beautiful 23-acre Anderson Fields property by mid-summer. This unique open space will be a valuable addition to Los Ranchos and will help preserve the semi-rural character of the Village for future generations.

Pictured here: Dayan Hochman-Vigil, Mayor Don Lopez, Trustee Sandra Pacheco; Bill Shen, Trustee Allen Lewis, Ann Simon, Joshua O'Halloran, Trustee Gilbert Benavides, and Maria Rinaldi

Blessing of the Waters

Mayor Lopez gathered with residents and friends on May 13th at the Agri-Nature Center for a blessing of the waters in honor of San Ysidro, the Patron Saint of Agriculture. Children sprinkled flowers into the Griegos Lateral that runs along the property and from which we get our valuable irrigation water. Thanks to Father Hallada for presiding over the ceremony.

